



Does belief in Akhirah (life after death) help Muslims lead a good life?

Muslim beliefs about God: *These beliefs are also part of Christianity and Judaism.*

There is one God (Allah).

God is loving and forgiving.

God is all powerful- omnipotent.

God has no fixed shape or form and is a spiritual being.

Muslim beliefs about Muhammad:

Muhammad was born in Makkah about 550 years after Jesus died.

Muhammad was a human being, not God, and not related to God or an angel.

Muhammad is known as “the seal of the Prophets”.

Muslims believe that the Qur’an was revealed to Muhammad by God. Muslims believe that the Qur’an contains God’s words, not those of a human author.

Muslim belief about the Qur’an

The Qur’an names 25 prophets, beginning with Adam and ending with Muhammad (including Abraham, Moses and Jesus).

Many Muslims try to live ‘good’ lives i.e. lives they believe will show love and respect to Allah e.g. prayer, good work, fasting in Ramadan etc. Muslims believe that Allah will judge them when they die and weigh up the good things they have done against the not so good i.e. every Muslim will have a judgement day which will determine whether they go to heaven after they die. It may also determine which tier/part of Heaven they are allowed to go to. The spiritual struggle or effort of every Muslim to follow the teachings of Allah in their own lives e.g. overcoming anger, greed, pride, working for social justice etc is called ‘Greater Jihad’.



Greater Jihad:
Inner struggle
against personal
faults or
weaknesses.

Lesser Jihad:
Outer struggle
to establish
justice and root
out evil.

Allah	Muslim name for God
Prophet Muhammad	the last and most important prophet of Islam.
Qur’an	holy book for Muslims
Akhirah	life after death
Surah	the name for the chapters of the Qur’an
Ayat	the name for the verses of the Qur’an
Jihad	struggle (Often a personal struggle to live life in the right way)
interpretation	the way you understand something – this may be different to another person’s view of the same thing
Hadith	a collection words and actions of Muhammad as a person not messenger of Allah.
Janna (heaven) and Jahannam (hell)	In Islam, Heaven or Paradise is known as Janna. In the Qur’an, Janna is regarded as a place of bliss, reward and pleasure for eternity. Muslims believe that people will be reunited with their families in Janna (if Allah deems them to have lived a good life and followed the 5 pillars of Islam) Jahannam is a place of eternal punishment. Hell is often described as a place of fire for those who have lived an evil life and not believed in Allah.
Judgement Day	Muslims believe that on a day decided by Allah, life on Earth will come to an end. On this day all the people who have ever lived will be raised from the dead and will face judgement by Allah. This day is known by several names: • The Day of Resurrection (Yawm al-Qiyamah) • The Day of Judgement (Yawm al-Din) • The Last Hour (as-sa’a) Allah will balance the good deeds a person has done in their life against the bad deeds.