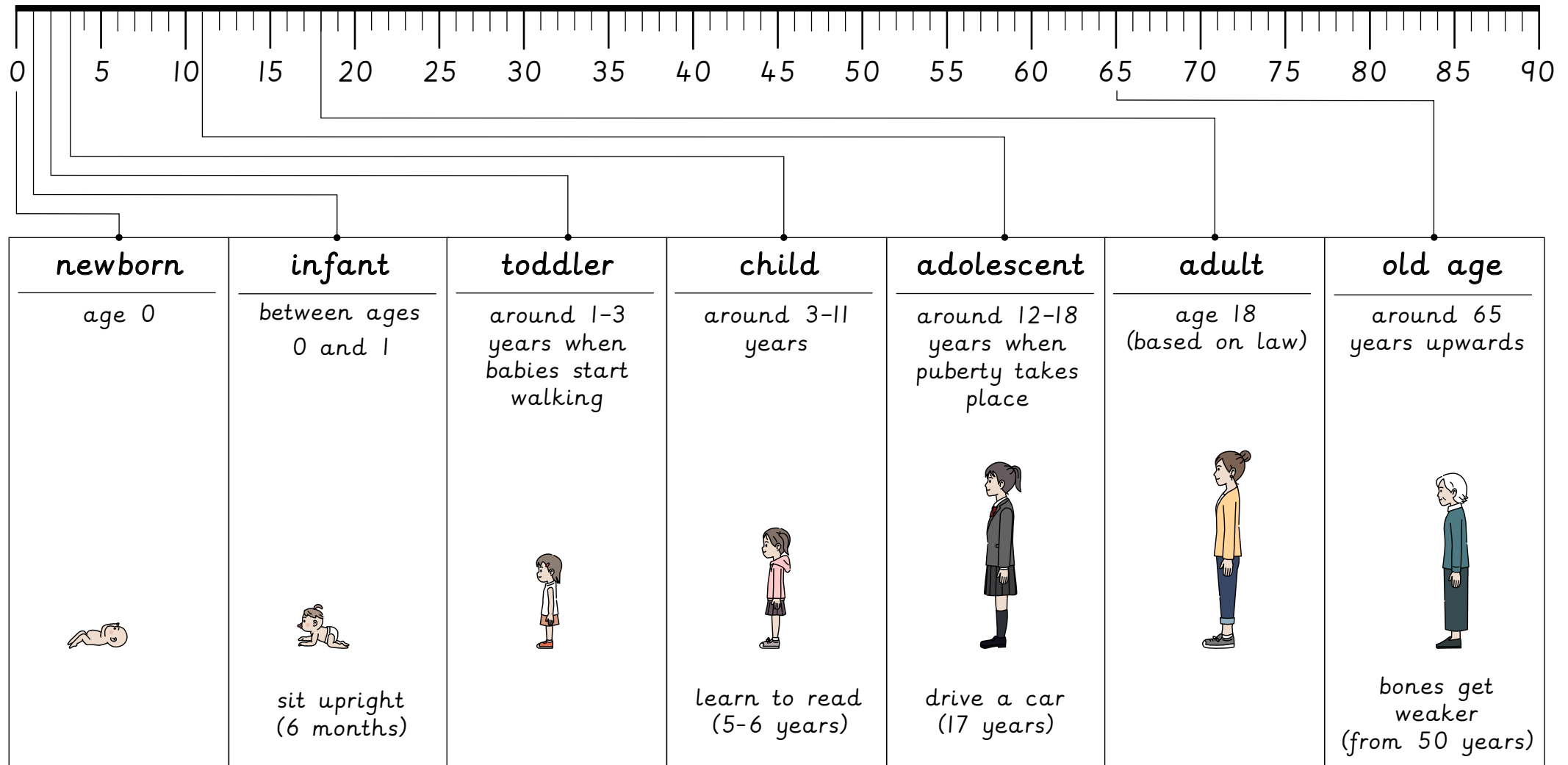




Not everyone experiences these changes at the same time. Some changes depend on our choices, such as when we decide to ride a bike or learn to drive. Some changes take place over a longer period of time, like learning to read or puberty.

Puberty is when a child's body changes to become an adult that can reproduce. It is controlled by hormones, which are chemical messages within the body.

