



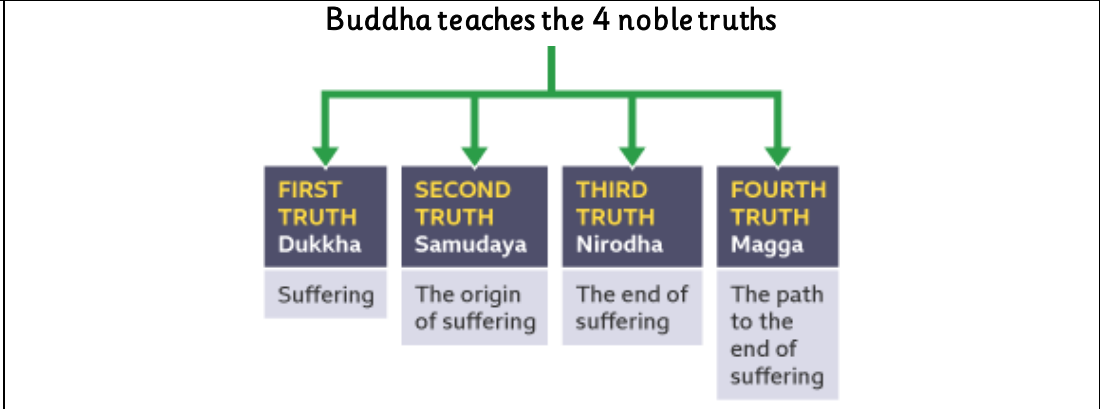
Enquiry Question: Can the Buddha's teachings make the world a better place?

Worldview/Faith
– Islam



In this unit, we look at some key teachings that the Buddha gave and stories he told – what could Buddhists learn from these?

- **Siddhartha Gautama** – a prince who became known as the Buddha.
- **Buddha** – a person who has reached enlightenment.
- **Enlightenment** – understanding the world, how it works and the meaning of life.
- **Dukkha** (Suffering)
- **Anicca** – Everything changes



The story of **Buddha and The Angry Elephant** is about selfishness and compassion.

Buddha teaches that being prepared for change makes life's ups and downs more manageable

Helping others by giving to charity can ease suffering.

Buddhists know that nothing lasts forever and so try to enjoy each stage of life as it happens – good times and bad times will not last.

there will be bad days, and they will end