

P.E and Sport Funding Allocation Statement 2018-19



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P.E and Sport statement

At Tregony, our aim is to develop the child as a whole, focussing on the physical, emotional and social well-being of our children, as well as the technical side of sport. We ensure that all pupils receive two hours of P.E a week and that they are able to access clubs outside of the school day. We also try to ensure that a large number of pupils have the opportunity to compete for the school at some point during the academic year.

We are constantly focusing on A.B.C skills (agility, balance and co-ordination), understanding that we can use them in all areas of sport. We know why it is important to warm up before any physical activity and can choose a warm up relevant to the lesson. Peer and self-assessment allow us to improve our skills and gives us the opportunity to praise one another for what went well. In our 'Sport' P.E lessons we focus on a different area of Physical Education where we learn 'teaching points' (T.Ps) which help us to improve our skills. At the end these units we compete in class matches where we are assessed on the T.Ps, teamwork, sportsmanship and our knowledge of the sporting rules.

At Tregony we are lucky to have a specialist teacher who works with all of the different classes. Each week have either a Real P.E or Real Gym lesson. These lessons focus on the important A.B.C skills and provide a foundation for every sport that we participate in.

There are a number of different sporting opportunities that we offer outside of P.E lessons. These include: Year 6 sailing, swimming across the school, class camps, KS2 surfing, Year 5/6 Bikeability levels 1&2 and EYFS/KS1 Balanceability.

All of this prepares us for the next step in our sporting education when we move on to secondary school.

Miss Mulroy

P.E and Sport Co-ordinator





Long Term PE Plan — Our Curriculum

| 2018-19 | Towan | Summers | Porthcurnick | Portholland | Porthluney |
|-------------|---|-------------------------------------|----------------------------|----------------------------|----------------------------|
| Autumn A | Ball Skills (throwing and catching) | Real Gym | Badminton / Hockey | Badminton / Hockey | Badminton / Hockey |
| | FS/EYS, Unit 1 | Real P.E, Unit 1 | Yr3, Real Gym | Yr4, Unit 1 | Yr5/6, Unit 1 |
| Autumn B | Real Gym | Dance | Touch Rugby / Benchball | Touch Rugby / Benchball | Touch Rugby / Benchball |
| | Real Gym | Real Gym | Unit 2 | Real Gym | Unit 2 |
| Spring A | Dance | Ball Skills (throwing and catching) | Netball / Dance | Netball / Dance | Netball / Swimming |
| | Unit 3 | Unit 3 | Unit 3 | Unit 3 | Unit 3 |
| Spring B | Multiskills | Bat and balls Skills | Tennis / Swimming | Tennis / Swimming | Tennis / Dodgeball |
| | Unit 4 | Unit 4 | Unit 4 | Unit 4 | Real Gym |
| Summer A | Ball Skills (Football) | Multi-skills | Athletics / Football | Athletics / Football | Athletics / Football |
| | Unit 5 | Unit 5 | Unit 5 | Unit 5 | Unit 5 |
| Summer B | Bat and ball skills | Ball Skills (Football) | Football / Rounders | Football / Cricket | Football / Cricket |
| | Unit 6 | Unit 6 | Unit 6 | Unit 6 | Unit 6 |

Additional Activities:

- Huff & Puff and Lunchtime Games
- 6 weeks of swimming for each class with end of unit assessments
- End of units tournaments are played within PE Lessons
- Balanceabilty EY/FS & KS1
- Bikeability for Year 5/6
- Year 6 sailing
- Year 5 BMX session
- Year 5 Surfing club
- KS2 surfing
- All classes go on camps KS2 camps include kayaking, canoeing, coasteering



Sports Clubs

| 2018-19 | KS1 | KS2 | Team training | Team training |
|----------|--------------|--------------------------|---------------|---------------|
| Autumn A | Gymnastics | Bike Club | Running | Football |
| Autumn B | Indoor Games | Hockey | Running | Football |
| Spring A | Dodgeball | Dodgeball Touch Rugby | Running | Football |
| Spring B | Running | Dodgeball | Running | Football |
| Summer A | Football | Football | Tennis | |
| Summer B | Cricket | Football | Rounders | |

Our sports clubs are held after school and we try to ensure that there is always at least one KS1 club and KS2 club available.

Before sports competitions, team training sessions are held on Friday's after school.

This last year, Year 5 pupils have had the opportunity to take part in a bike club and a surf club; both held by outside trained instructors.

Additional Lunchtime activities

• Huff and Puff





Pupils Involvement in Sport

Competitions 2018-19

Our inter school sports competitions are mainly aimed at Year 5 and 6 pupils, however there are opportunities throughout the year for other KS2 students to take part. We also have a number of intra school competitions; all pupils compete within their classes at the end of each term, we hold two whole school sports days and a KS2 swimming gala at the end of the academic year.

| Number of KS2 Pupils in a sports team by year group | | |
|---|------|--|
| Year 3 79% | | |
| Year 4 | 100% | |
| Year 5 | 93% | |
| Year 6 | 92% | |

| Number of KS2 Pupils in a sports team whole school | | |
|--|------------|--|
| Pupils in a team Places available | | |
| 80 pupils | 187 places | |
| 91% | 240% | |



| Number of KS1 Pupils in a sports team | | |
|---------------------------------------|--|--|
| Year 1 14% | | |
| Year 2 50% | | |

| Number of KS1 Pupils in a sports team | | |
|---------------------------------------|-----------|--|
| Pupils in a team Places available | | |
| 11 pupils | 11 places | |
| 30% | 30% | |









Clubs 2018-19

At Tregony we try to involve as many pupils as we can in extra-curricular activities by offering variety of different clubs.

| Number of Pupils in a sports club | | |
|-----------------------------------|-----|--|
| Term | % | |
| Autumn 1 | 77% | |
| Autumn 2 | 73% | |
| Spring 1 | 85% | |
| Spring 2 | 65% | |
| Summer 1 | 38% | |
| Summer 2 | 44% | |

| Number of KS1 Pupils in sports clubs | | |
|--------------------------------------|-----|--|
| Term | % | |
| Autumn 1 | 62% | |
| Autumn 2 | 39% | |
| Spring 1 | 48% | |
| Spring 2 | 40% | |
| Summer 1 | 41% | |
| Summer 2 | 34% | |

| Number of KS2 Pupils in sports clubs | | | |
|--------------------------------------|------|--|--|
| Term | % | | |
| Autumn 1 | 59% | | |
| Autumn 2 | 60% | | |
| Spring 1 | 104% | | |
| Spring 2 | 74% | | |
| Summer 1 | 31% | | |
| Summer 2 | 50% | | |





In School Sport Data 2018-19

Swimming

Every KS1/2 class receives at least 10 swimming lessons a year, where they are taught the three basic strokes (front crawl, breaststroke and backstroke). Year 6 pupils that have mastered these strokes, then go on to learn basic lifesaving techniques. At the end of each block they are assessed against their previous year's achievement. This gives pupils an opportunity to compete against themselves and motivates them to swim further. They are then awarded a certificate with their distance written on.

| Number of pupils that swam further | | |
|------------------------------------|-----|--|
| Year 1 | 83% | |
| Year 2 | 67% | |
| Year 3 | 79% | |
| Year 4 | 82% | |
| Year 5 | 93% | |
| Year 6 | 88% | |



| National swimming distance reached | | | |
|------------------------------------|------|-----|--|
| KS1 | <25m | 76% | |
| | >25m | 24% | |
| >50m 15% | | | |
| KS2 | <25m | 21% | |
| >25m | | 79% | |
| | >50m | 72% | |
| Year 6 >25m | | 91% | |
| Year 6 pupils takin | 67% | | |



Bike-a-bility

In the summer term our year 5 and 6 pupils can take part in bike-a-bility. This runs over 5 weeks and includes confidence building for those pupils who haven't quite achieved one of the two levels.

| Bike-a-bility levels achieved | | | |
|-------------------------------|--|--|--|
| Level 1 Level 2 | | | |
| Year 5's 86% 67% | | | |
| Year 6's 80% 70% | | | |



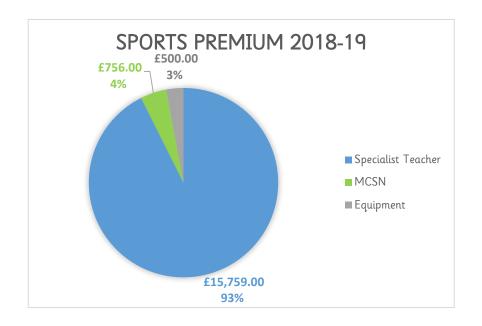
Competition Results 2017-18

At Tregony we compete in a number of different competitions; Roseland Cluster, Mid Cornwall, Truro and Roseland Learning Community, T Broad Shield Football Tournament and our own Intra school competitions.

| Competition | Result 2018/19 |
|---------------------------------|---|
| Gorran Triathlon Y5/6 | 5 pupils took part |
| Badminton Y3/4/5/6 | Y3 team — 4 th Y4 team — 2 nd Y5 team — 7 th Y6 team — 4th |
| MCSN Cross country Y4/5/6 | 18 pupils took part |
| Sports Hall Athletics KS1/KS2 | Y3/4 team — 2 nd Y5/6 team — 2 nd |
| Benchball Y5/6 | Tregony — 7 th RMAT — 9 th |
| Touch Rugby Y5/6 | 2 nd place |
| Netball Y5/6 | 4 th place |
| Cross Country Semi Finals | 7 qualifiers |
| MCSN Cross Country Y1/2/3 | 13 pupils took part |
| FUNFEST16 Yr1/2/3/4/5 | 16 pupils took part |
| Carrick Dance | 4 pupils took part |
| County Cross Country Finals | 2 qualifiers |
| Cluster Dodgeball Y5/6 | 4 th place |
| Cross Country Y3/4/5/6 | 1 st place overall Y3/4 — 1 st place team Y5/6 — 2 nd place team |
| Sports Day | Winners - St Anthony Runners up — Trevose |
| Tregony School Swimming Gala | Winners - Trevose |
| 6 a-side Football Yr5/6 | 3 rd place team |
| Roseland Inter School Games Day | 1 st place |

Budget and Impact

£17,015



| Specialist Teacher £16,235 | High quality P.E. P.E WALT's created for teachers and pupils to assess themselves after each half term, also including next steps. Extra-curricular clubs. Train pupils and then take to competitions. Created swimming planning and organises lessons. Assess pupils in lessons and in swimming. Organises intra school competitions. Collects data on attendance, attainment, team involvement. Created a termly role model award & a 'Sports Star of the week' certificate. Balanceability trained. Various CPD's | Ability of students improving regularly. Pupils are able to see how they can improve next time by looking at WALT expectations and next steps. More pupil interest in sports teams and clubs as well as a better variety of clubs available. Awards have received a positive reaction from students of all abilities and their parents. Balanceability lessons taught to EYFS and KS1 students (with the possibility of Preschool). |
|---|--|---|
| MCSN (Mid Cornwall Sports Network) £280 | Cornwall P.E conference. Various CPD opportunities. 2nd round tournaments. Youth sport games. Young leaders. Par Cross Country. SEN competitions. KS1 competitions. | Conferences and CPD's have given teachers new ideas to continue to improve P.E and Sport throughout the school. Young leaders becoming confident to teach part of a lesson. More competitions mean more pupil involvement, especially KS1. |
| Equipment and Other £500 | Badminton rackets, Table tennis set, Hockey balls, Rounders posts, Footballs, Tennis Balls. Megaphone for sports day etc. Florescent bibs for running club, Red bibs for competitions — 'Tregony School' printing on both. | A better range of equipment allows us to teach more of a variety of sports. We can now teach table tennis as we didn't have the equipment before. |

Sustainability

Sustainability expenditure — All of the expenditure below is aimed at benefiting current pupils but will also outlive the Premium funding and benefit future pupils:

- Real P.E/Real Gym/Swimming planning Investment into curriculum packages will benefit current and future children
- CPD To upskill teaching staff to increase PE teaching competence/confidence and extend the breadth of what we offer
- Mini bus more pupils able to attend events and compete. Investment will benefit future years
- Parents/Ex-students helping at clubs more students able to attend. Increases capacity and lifetime of club
- Sports leaders clubs available during the school day
- Balanceability trained teacher now at school to teach EYFS/KS1 annually





