

What archaeological evidence is there of ancient peoples in Cornwall?

Site	Time Period	What it Shows
Poldowrian	Stone Age	Tools, middens — shows early life in Cornwall.
Rocky Valley	Stone Age	Carvings – possible religious or art symbols.
Mên-an-Tol	Bronze Age	Stone circle – believed to be for healing.
Lanyon Quoit	Bronze Age	Burial site — shows belief in afterlife.
Merry Maidens	Bronze Age	Stone circle – used for ceremonies.
Chysauster	Iron Age	Village with fogou – everyday life & storage.
Castle-an-Dinas	Iron Age	Hillfort – shows defence and power.

heritage	The history and traditions of a particular area or culture that are	
	significant today.	
Mesolithic	The middle part of the Stone Age	
Neolithic	The later part of the Stone Age	
prehistory	The period of time before written records	
archaeology	The study of human history and prehistory through the excavation of	
	sites and the analysis of artefacts and other physical remains	
artefacts	An object made by a human being, typically one that tells us	
	something historical	
cairn	A mound of rough stones built as a memorial or landmark, typically on	
	a hilltop or skyline	
menhir	A tall upright stone of a kind erected in prehistoric times in western	
	Europe	
quoit	The flat covering stone of a dolmen.	
dolmen	A megalithic tomb with a large flat stone laid on upright ones,	
	found chiefly in Britain and France	
megalith	A large stone that forms a prehistoric monument	
settlement	A place where people live together in a community	
courtyard	An unroofed area that is surrounded by walls	
formation	In a particular arrangement or pattern	
myth	A traditional story	
reconstructed	To build or form (something) again after it has been damaged or	
	destroyed	
oratory	A small chapel for private worship	
hillfort	A fortified village on a hill, used for defence	
roundhouse	A circular house used during the Iron Age	
midden	A rubbish heap left by people, often containing useful clues	

Period	Activities & Evidence
Stone Age	Used flint tools, lived off the land, made carvings.
Bronze Age	Built stone circles and burial sites, held ceremonies.
Iron Age	Lived in roundhouses, farmed, built strong hillforts.

