

By Aspens

Spring / Summer 2022

7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7



MONDAY **Authentic** Italian

Margherita Pizza Option 1 Crudites

Option 2

Margherita Pizza Crudites

in a Bun ٧

TUESDAY

Family **Faves**

Beef Burger in a Bun Oven Baked Wedges Coleslaw

Super Veggie Burger

Oven Baked Wedges Coleslaw

WEDNESDAY

Backing British

Roast Gammon

Roasties and Fresh Vegetables Gravy

Veggie Sausage & **Summer Veg**

Traybake Roasties and Fresh Vegetables Gravy

THURSDAY

Food **Festival**

Chicken Tikka Biryani

Wholegrain Rice Coconut Green Beans

Tomato Pasta

Pasta in a tomato sauce

FRIDAY

Fun Day

Fish Fingers

Salmon or Pollock Chips and Baked Beans

Baked Beans & **Vegetable Dippers**

Chips

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Jacket Potato

Crispy Skin Jacket Potato with Tasty Toppings available daily

The Finale

Warm Pineapple with Vanilla Ice Cream

Sticky Gingerbread Cake

Chocolate Brownie

Strawberry Mousse with Peach

Oat Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

Meat



Jacket Potato



By Aspens

Spring / Summer 2022

21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7

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MONDAY **Authentic** Italian

Pasta Bake

Whole Grain Penne

Garlic Slice

Green Salad

Family **Faves**

Creamy Chicken BBQ Pulled Pork & Mash Carrots

TUESDAY

WEDNESDAY Backing **British**

Roast Chicken & Stuffing Roasties and Fresh Vegetables

Gravy

THURSDAY Food **Festival**

Pasta Bolognaise Rainbow Slaw

FRIDAY Fun Day

Baked Breaded Fish Chips and Mushy Peas

Option 2

Option 1

Veggie Bolognese Whole Grain Penne Garlic Slice Green Salad

Baked Bean & Veggie Sausage **Cowboy Pie** Carrots

Cheese & Spring Onion Pastry Slice Roasties and Fresh Vegetables Gravy

Veggie Nachos & Cheese Potato Wedges Rainbow Slaw

Carrot & Potato Cakes Homemade Tomato sauce Chips and Mushy Peas V

Jacket Potato

Crispy Skin Jacket Potato with Tasty Toppings available daily

The Finale

Peach Puff Pastry Rice Krispie Cakes Slice & Custard

Chocolate & Marshmallow Cake

Apple Pie & Custard

Fruity Flapjack

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

Meat



Jacket Potato



By Aspens

Spring / Summer 2022

28/2, 21/3, 11/4, 2/5, 23/5, 13/6, 4/7,



MONDAY

Authentic Italian

Option 1 Meatball, Pasta &

Garlic Bread Traybake

Sweetcorn

TUESDAY

Family Faves

Sticky Baked Bangers & Mash

> Green Beans Gravy

WEDNESDAY

Backing British

Roast Chicken & Stuffing

Roasties and Fresh Vegetables Gravy THURSDAY

Festival

Honey & Soy
Chicken Stir Fry
Wholograin Pico

Wholegrain Rice Broccoli **FRIDAY**

Fun Day

Fish Fingers

Salmon or Pollock Chips and Peas

Option 2

Tomato & Mozzarella

GnocchiGarlic Slice

Garlic Slice Sweetcorn v Sticky Veggie Bangers & Mash

Green Beans Gravy **Quorn Roast**

Roasties and Fresh Vegetables Gravy Crunchy Topped Macaroni Cheese

Broccoli

Veggie Croquettes

Chips and Peas

Jacket Potato

Crispy Skin Jacket Potato with Tasty Toppings available daily

The Finale

Chocolate Mousse with Mandarin

Sticky Toffee
Pudding &
Custard

Vanilla Sprinkle Sponge Apple Crumble with Custard

Ginger Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

Meat

V Veggie

Jacket Potato