



P.E and Sport Funding Allocation Statement 2019-20



P.E and Sport statement



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P.E and Sport statement

At Tregony, our aim is to develop the child as a whole, focussing on the physical, emotional and social well-being of our children, as well as the technical side of sport. We ensure that all pupils receive two hours of P.E a week and that they are able to access clubs outside of the school day. We also try to ensure that a large number of pupils have the opportunity to compete for the school at some point during the academic year.

We are constantly focusing on A.B.C skills (agility, balance and co-ordination), understanding that we can use them in all areas of sport. We know why it is important to warm up before any physical activity and can choose a warm up relevant to the lesson. Peer and self-assessment allow us to improve our skills and gives us the opportunity to praise one another for what went well. In our 'sport' P.E lessons we focus on a different area of Physical Education where we learn 'teaching points' (T.Ps) which help us to improve our skills. At the end these units we compete in class matches where we are assessed on the T.Ps, teamwork, sportsmanship and our knowledge of the sporting rules.

At Tregony we are lucky to have a specialist teacher who works with all of the different classes. We have also bought into and teach from the Real P.E and Real Gym curriculums. These lessons focus on the important A.B.C skills and provide children with the foundation for every sport that they participate in.

There are a number of different sporting opportunities that we offer outside of P.E lessons. These include: Year 6 sailing, swimming across the school, class camps, KS2 surfing, Year 5/6 Bikeability levels 1&2 and EYFS/KS1 Balanceability.

All of this prepares us for the next step in our sporting education when we move on to secondary school.

Miss Mulroy

P.E and Sport Lead



Long Term PE Plan – Our Curriculum

2019-20	Towan	Summers	Porthcurnick	Portholland	Porthluney
Autumn A	Ball Skills (throwing and catching)	Ball Skills (throwing and catching)	Netball	Badminton / Netball	Badminton / Netball
	FS/EYS, Unit 1	FS/EYS, Unit 1	Yr3, Real Gym	Yr4, Unit 1	Yr5/6, Unit 1
Autumn B	Real Gym	Real Gym	Badminton	Dodgeball / Benchball	Dodgeball / Benchball
	Real Gym	Real Gym	Unit 2	Real Gym	Unit 2
Spring A	Dance	Dance	Basketball / Swimming	Basketball / Dance	Basketball / Swimming
	Unit 3	Unit 3	Unit 3	Unit 3	Unit 3
Spring B	Multiskills	Multiskills / Swimming	Rugby / Dance	Rugby / Swimming	Rugby / Dance
	Unit 4	Unit 4	Unit 4	Unit 4	Real Gym
Summer A	Ball Skills (Football) / Swimming	Ball Skills (Football) / Swimming	Athletics / Cricket / Swimming	Athletics / Cricket / Swimming	Athletics / Cricket
	Unit 5	Unit 5	Unit 5	Unit 5	Unit 5
Summer B	Bat and ball skills / Swimming	Bat and ball skills / Swimming	Football / Rounders / Swimming	Football / Rounders / Swimming	Football / Rounders / Swimming
	Unit 6	Unit 6	Unit 6	Unit 6	Unit 6

Additional Activities:

- Huff & Puff and Lunchtime Games
- 6 weeks of swimming for each class with end of unit assessments
- End of units tournaments are played within PE Lessons
- Balanceability EY/FS & KS1
- Bikeability for Year 5/6
- Year 6 sailing
- Year 5 BMX session
- Year 5 Surfing club
- KS2 surfing
- All classes go on camps – KS2 camps include kayaking, canoeing, coasteering



Sports Clubs

<i>2019-20</i>	KS1	KS2	Team training
Autumn A	Football	Football / Netball	Running
Autumn B	Football	Football	Running
Spring A	Dodgeball	Touch Rugby	Running
Spring B	Running	Dodgeball	Running
Summer A	Football	Football	Tennis
Summer B	Cricket	Football	Rounders

Our sports clubs are held after school and we try to ensure that there is always at least one KS1 club and KS2 club available.

Before sports competitions, team training sessions are held on Friday's after school.

This last year, Year 5 pupils have had the opportunity to take part in a bike club and a surf club; both held by outside trained instructors.

Additional Lunchtime activities

- Huff and Puff



Pupils Involvement in Sport

Competitions 2018-19

Our inter school sports competitions are mainly aimed at Year 5 and 6 pupils, however there are opportunities throughout the year for other KS2 students to take part. We also have a number of intra school competitions; all pupils compete within their classes at the end of each term, we hold two whole school sports days and a KS2 swimming gala at the end of the academic year.

Number of KS2 Pupils in a sports team by year group

Year 3	79%
Year 4	100%
Year 5	93%
Year 6	92%



Number of KS2 Pupils in a sports team whole school

Pupils in a team	Places available
80 pupils	187 places
91%	240%

Number of KS1 Pupils in a sports team

Year 1	14%
Year 2	50%



Number of KS1 Pupils in a sports team

Pupils in a team	Places available
11 pupils	11 places
30%	30%



Clubs 2018-19

At Tregony we try to involve as many pupils as we can in extra-curricular activities by offering variety of different clubs.

Number of Pupils in a sports club	
Term	%
Autumn 1	77%
Autumn 2	73%
Spring 1	85%
Spring 2	65%
Summer 1	38%
Summer 2	44%



Number of KS1 Pupils in sports clubs	
Term	%
Autumn 1	62%
Autumn 2	39%
Spring 1	48%
Spring 2	40%
Summer 1	41%
Summer 2	34%



Number of KS2 Pupils in sports clubs	
Term	%
Autumn 1	59%
Autumn 2	60%
Spring 1	104%
Spring 2	74%
Summer 1	31%
Summer 2	50%

In School Sport Data 2018-19

Swimming

Every KS1/2 class receives at least 10 swimming lessons a year, where they are taught the three basic strokes (front crawl, breaststroke and backstroke). Year 6 pupils that have mastered these strokes, then go on to learn basic lifesaving techniques. At the end of each block they are assessed against their previous year's achievement. This gives pupils an opportunity to compete against themselves and motivates them to swim further. They are then awarded a certificate with their distance written on.

Number of pupils that swam further	
Year 1	83%
Year 2	67%
Year 3	79%
Year 4	82%
Year 5	93%
Year 6	88%



National swimming distance reached		
KS1	<25m	76%
	>25m	24%
KS2	>50m	15%
	<25m	21%
	>25m	79%
Year 6	>50m	72%
	>25m	91%
Year 6 pupils taking part in lifesaving		67%



Bike-a-bility

In the summer term our year 5 and 6 pupils can take part in bike-a-bility. This runs over 5 weeks and includes confidence building for those pupils who haven't quite achieved one of the two levels.

Bike-a-bility levels achieved		
	Level 1	Level 2
Year 5's	86%	67%
Year 6's	80%	70%



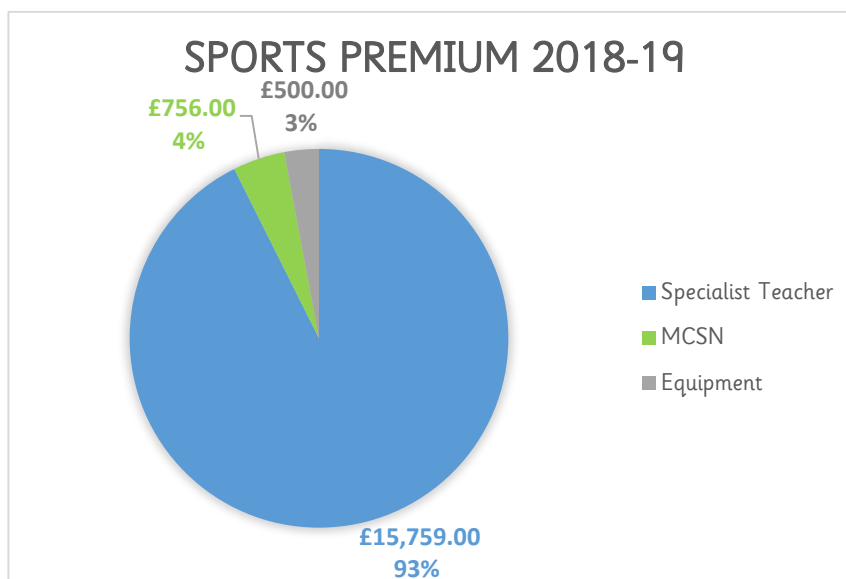
Competition Results 2017-18

At Tregony we compete in a number of different competitions; Roseland Cluster, Mid Cornwall, Truro and Roseland Learning Community, T Broad Shield Football Tournament and our own Intra school competitions.

Competition	Result 2018/19
Gorran Triathlon Y5/6	5 pupils took part
Badminton Y3/4/5/6	Y3 team – 4 th Y4 team – 2 nd Y5 team – 7 th Y6 team – 4 th
MCSN Cross country Y4/5/6	18 pupils took part
Sports Hall Athletics KS1/KS2	Y3/4 team – 2 nd Y5/6 team – 2 nd
Benchball Y5/6	Tregony – 7 th RMAT – 9 th
Touch Rugby Y5/6	2 nd place
Netball Y5/6	4 th place
Cross Country Semi Finals	7 qualifiers
MCSN Cross Country Y1/2/3	13 pupils took part
FUNFEST16 Yr1/2/3/4/5	16 pupils took part
Carrick Dance	4 pupils took part
County Cross Country Finals	2 qualifiers
Cluster Dodgeball Y5/6	4 th place
Cross Country Y3/4/5/6	1 st place overall Y3/4 – 1 st place team Y5/6 – 2 nd place team
Sports Day	Winners - St Anthony Runners up – Trevose
Tregony School Swimming Gala	Winners - Trevose
6 a-side Football Yr5/6	3 rd place team
Roseland Inter School Games Day	1 st place

Budget and Impact

£17,015



Specialist Teacher £16,235	<p>High quality P.E. P.E WALT's created for teachers and pupils to assess themselves after each half term, also including next steps. Extra-curricular clubs. Train pupils and then take to competitions. Created swimming planning and organises lessons. Assess pupils in lessons and in swimming. Organises intra school competitions. Collects data on attendance, attainment, team involvement. Created a termly role model award & a 'Sports Star of the week' certificate. Balanceability trained. Various CPD's</p>	<p>Ability of students improving regularly. Pupils are able to see how they can improve next time by looking at WALT expectations and next steps. More pupil interest in sports teams and clubs as well as a better variety of clubs available. Awards have received a positive reaction from students of all abilities and their parents. Balanceability lessons taught to EYFS and KS1 students (with the possibility of Preschool).</p>
MCSN (Mid Cornwall Sports Network) £280	<p>Cornwall P.E conference. Various CPD opportunities. 2nd round tournaments. Youth sport games. Young leaders. Par Cross Country. SEN competitions. KS1 competitions.</p>	<p>Conferences and CPD's have given teachers new ideas to continue to improve P.E and Sport throughout the school. Young leaders becoming confident to teach part of a lesson. More competitions mean more pupil involvement, especially KS1.</p>
Equipment and Other £500	<p>Badminton rackets, Table tennis set, Hockey balls, Rounders posts, Footballs, Tennis Balls. Megaphone for sports day etc. Florescent bibs for running club, Red bibs for competitions – 'Tregony School' printing on both.</p>	<p>A better range of equipment allows us to teach more of a variety of sports. We can now teach table tennis as we didn't have the equipment before.</p>

Sustainability

Sustainability expenditure – All of the expenditure below is aimed at benefiting current pupils but will also outlive the Premium funding and benefit future pupils:

- Real P.E/Real Gym/Swimming planning – Investment into curriculum packages will benefit current and future children
- CPD – To upskill teaching staff to increase PE teaching competence/confidence and extend the breadth of what we offer
- Mini bus - more pupils able to attend events and compete. Investment will benefit future years
- Parents/Ex-students helping at clubs – more students able to attend. Increases capacity and lifetime of club
- Sports leaders – clubs available during the school day
- Balanceability trained teacher now at school to teach EYFS/KS1 annually

